

Special Themed Open Skate

www.bloomingtonparks.com

Frozen Princess Party

Saturday, September 15: 12:40 - 1:55 pm

Calling all princesses from far far away! Join us for an enchanting afternoon skating in your favorite princess dress! Skate to music from your favorite princesses, Belle, Cinderella, Jasmine and Elsa from the epic hit "Frozen". All princesses dressed in beautiful gowns will receive \$1.00 off admission!

Freaky Friday Fright Night

Friday, October 26: 7:30 - 9:00 pm

Receive a free "glow" necklace with each paid admission so you can "glow" while skating in the dark. Don't forget to wear your Halloween costume! Door prizes, candy, music and lots of fun! A freaky, spooky, but cool place to be!

Skate with Santa

Saturday, December 8: 12:40 - 1:55 pm

Skate with Santa at the Pepsi Ice Center this Christmas. Free cookie and 8oz hot chocolate with paid admission. Santa will be available for pictures. Have fun with all of your family and friends skating to Christmas classics.



Learn-to-Skate

Helpful Learn-to-Skate Information

Arrive at the rink 15-20 minutes early to collect your rental skates and prepare for your lesson. Pepsi Ice Center skate rental employees will assist you with proper sizing.

Please make sure young children use the restroom before class starts.

Wear long pants (*no shorts*), jacket or sweater, socks, and gloves or mittens. Dress in layers of clothing. Clothes should not restrict movement.

Helmets (*bike, hockey, etc.*) are strongly recommended for children under six, and should have a snug fit.

Classes will only be made up if the rink cancels a class. Pepsi Ice Center Learn-to-Skate staff reserves the right to cancel any class, combine classes, change instructors on any class and move students to a different class level based upon instructor evaluation.



FIGURE SKATING PRACTICE SESSIONS AND PRIVATE LESSONS

Freestyle ice time is a dedicated practice session for figure skaters to practice routines and skills through private lessons. This exclusive ice time is open to learn to skate students level 4 and up. If you are interested in the extra practice time or scheduling a private lesson please contact the figure skating director, Lindsay Danner (309)434-2877 for details of suitable session times and expenses. Fees apply.

Learn to Skate Practice Punchcard

Learn to Skate students are encouraged to practice the skills they have learned in class. Practice is necessary in order to advance to the next level. All learn-to-skate students will receive a punchcard for 3 admission and skate rental passes to open skate. The punchcard must be used within the six week session of learn to skate you have enrolled in. Bloomington Parks and Rec has a no make-up class policy. If you miss a class please take advantage of the free practice to stay current on your skills!

Learn-to-Skate

Skate rental is included in the cost of the programs

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The Pepsi Ice Center presents a Learn to Skate hybrid program creating a fun environment for skaters to learn new and challenging skills! Our program is designed to develop skaters of all ages as they progress through each level to reach their goals! To help students register for the correct class level, please refer to the following class description to view equivalency list. Please contact Lindsay Danner, Skating Director, at (309) 434-2877 or ldanner@cityblm.org if you have any questions concerning our skill level curriculum.

Snowball 1 - 3 - Age 3 - 5

The snowball program is designed to introduce basic skating skills to young skaters through a safe and controlled atmosphere using on-ice games and stories. Skaters will learn gliding maneuvers; 2 foot glides, swizzles, dips, backwards skating, hopping and stopping.

Blades 1 - 6 - Ages 6 - 12

The Blades program is designed for skaters to learn the essential skills for ice skating. The six level curriculum introduces the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns and jumps. Upon completion of the Blades program, skaters will have knowledge of the sport, enabling them to advance to more specialized areas of figure skating.

Teen/Adults - Ages 13 +

Designed for the beginner teen/adult skater to promote physical fitness, balance and coordination. The class is divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated.

Power Up Class - Ages 6 +

(Participants must wear freestyle skates)

Pre-requisite: Blades 6 - Increase your skating power, edges, posture and technique! This class is a new technical power class which is figure skating specific. It will offer freestyle skating techniques, crossover drills, stroking exercises and muscle strengthening exercises to help skater alignment, position and improve posture awareness.

Jump & Spin: Level 1 - 3 - Ages 6 +

(Participants must wear freestyle skates)

Pre-requisite: Blades 6 - Skaters will learn basic freestyle elements, jumps, spins and spirals in a group lesson.

Edge & Turn Class: Pre-requisite:

Skaters who have passed Pre-Preliminary MIF - Skaters will develop and strengthen their edges and turns through drills and skating exercise. Skaters will also be exposed to new types of turns (*brackets, counters, rockers and loops*) to build their readiness for US Figure Skating testing and footwork within skater's routines!

Specialty Classes

Theatre on Ice: Perform Like a Star Clinic

Pre-requisite: Blades 3 - It's time to take the basic skills you have learned in LTS and integrate these moves to music and choreography in a group setting! Join us for this introduction to Theatre on Ice. Skaters will learn different styles of choreography through musical interpretation. **Min/Max:** 8/24

Day	Dates	Time	Fee
Tu, Th, & F	Sept. 4, 6, & 7	5:00 - 5:30 pm	\$30

Theater on Ice Team, Pepsi Pops

Pre-requisite: Blades 3/Snowball 3 - Skaters will be exposed to diverse styles of choreography through musical programs. All participants must be a member of USFS basic skills, \$21.00 yearly fee in order to participate in performances. Skaters will learn and refine routines that will be performed at a figure skating exhibition. Additional fees will apply for costumes. *(Payment plans available when you register online).* **Min/Max:** 10/24

Day	Dates	Time	Fee
Tu	Sept. 11 - Dec. 4 <i>(Not 11/20)(12 week session)</i>	5:00 - 5:30 pm	\$120



Learn-to-Skate

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Fall Session 1 - Sept. 11 - Oct. 20

Fall Session 2 - Oct. 23 - Dec. 8

(Not the week of 11/20 - 11/24)

All classes meet once a week for 6 weeks.

NOTE: Classes include a 5 minute supervised practice at the end of class. Specialty classes may differ.

Snowball 1

Day	Time	Fee
Tu	5:00 - 5:30 pm	\$65
Tu	5:30 - 6:00 pm	\$65
F	5:30 - 6:10 pm	\$69
Sa	11:40 am - 12:20 pm	\$69

Blades 1

Day	Time	Fee
Tu	5:00 - 5:30 pm	\$65
Tu	6:00 - 6:30 pm	\$65
F	5:30 - 6:10 pm	\$69
Sa	11:40 am - 12:20 pm	\$69

Homeschool

Day	Time	Fee
Th	9:30 - 10:10 am	\$69

Edge & Turn Class

Day	Time	Fee
F	5:00 - 5:30 pm	\$65

Snowball 2 - 3

Day	Time	Fee
Tu	5:30 - 6:00 pm	\$65
F	5:30 - 6:10 pm	\$69
Sa	11:40 am - 12:20 pm	\$69

Blades 2 - 6

Day	Time	Fee
Tu	6:00 - 6:30 pm	\$65
F	5:30 - 6:10 pm	\$69
Sa	11:40 am - 12:20 pm	\$69

Jump & Spin - (Level 1)

Day	Time	Fee
Tu	5:30 - 6:00 pm	\$65

Jump & Spin - (Level 2/3)

Day	Time	Fee
Tu	5:30 - 6:00 pm	\$65
Sa	11:40 am - 12:20 pm	\$69

Teen/Adult

Day	Time	Fee
Tu	6:00 - 6:30 pm	\$65
F	5:30 - 6:10 pm	\$69

Power Up & Edge Class

Day	Time	Fee
Sa	12:20 - 12:40 pm	\$40

Specialty Classes

Adaptive Learn to Skate

We're back on the ice! This program will introduce you to basic skills in ice skating. No prior experience is necessary. This program is specially adapted for individuals with disabilities to learn introductory ice skating techniques, learn balance and feel comfortable on the ice. Skate rental is included in the program fee. Be sure to wear long pants and layers. This program incorporates the use of several volunteers so that each skater or pair of skaters has an assistant on the ice.

Who: Ages 8 and older
When: Tuesdays, September 11 - October 30
 5:30 - 6:00 pm
Where: Pepsi Ice Center
Cost: \$48
Limit: Minimum 3; Maximum 6

Intro Private Lessons

One-on-one lessons providing individualized instruction for LTS students wishing to: accelerate progress, participate in future skating competitions, or simply want individual attention! Skater must be enrolled in group classes to take advantage of intro private lessons. Once skaters have completed a session they are free to select a permanent coach for private lessons.

***Meet once a week for 3 weeks**

Session 1

Thursdays - 9/20 - 10/4	4:20 - 4:50 pm	\$30
Fridays - 9/21 - 10/5	5:00 - 5:30 pm	\$30
Saturdays - 9/22 - 10/6	12:45 - 1:15 pm	\$30

Session 2

Thursdays - 11/1 - 11/15	4:20 - 4:50 pm	\$30
Fridays - 11/2 - 11/16	5:00 - 5:30 pm	\$30
Saturdays - 11/3 - 11/17	12:45 - 1:15 pm	\$30