



## Freestyle Rules

**Right-of-Way** – The skater whose music is being played (*wearing the green belt*) has the right-of-way. All other skaters must keep their eyes open for the person skating to their music. The skater with the green belt has the right to say “Program” to other skaters/coaches that might get in their program pattern. Basic skills skaters who are not capable of quickly moving out of the way should freeze when the green belt is near them (*6 feet*). It’s then the responsibility of the skater wearing the green belt to redirect their program pattern. (*Every skater pays the same amount to skate on a freestyle session; therefore all skaters are entitled to equal use of the ice*).

**Keep it Moving** – Skaters may not stand at the boards for a lengthy amount of time. Talking and standing at the boards should be kept to a minimum. Skaters may not congregate in the music box; no more than two skaters in the box at one time. \*The ice time you skate on is not free, so please use your time wisely and keep busy!

**Coaching** – The majority of coaching should be done from the sides of rink. (*Exceptions for coaches who are choreographing or working with a basic skills student*) Please do not stand in the center of the rink or in lutz corners. If you are teaching a basic skills lesson try to keep continuous movement around the rink. Do not place yourself in one spot.

**Parents** – Parents and spectators are not permitted in the player benches. Parents/spectators must view the freestyle session from the bleacher or lobby area. Parents are not permitted to coach skaters from rink side.

**Music Play List** - On a full session when demand for program music is high, music is only guaranteed ONCE per 1/2 hour session, this includes skaters in lessons. Skaters can only be bumped ONCE by a coach before they get their music played. On high traffic days, turn cd into music monitor. The monitor will create a running list of music to be played.

**Electronic Devices** – Headphones and other electronic devices are prohibited from being worn on freestyle ice. Only coaches who are choreographing will be permitted to wear one ear piece in. Skaters will have the opportunity to select and personalize the warm up music to play over the sound system for the first 5 minutes of freestyle. (No profanities or offensive music)

**Positive Behavior** – All skaters & coaches are expected to behave in a positive manner when on the ice. Skaters/coaches who exhibit bad behavior (kicking ice/boards, stomping feet, rolling eyes, swearing, arguing) will be asked to leave the ice with no refund.

**Coach/Skater Etiquette** – All skaters, coaches and parents (or guardians) are expected to be respectful towards each other and follow the policies listed above as well as general ice arena policies. Skaters and coaches are expected to work cooperatively to share the ice space without disrupting each other. Skaters/Coaches should not address any issues or concerns directly to fellow skaters or coaches. If a coach or skater has an issue please report to skating director after freestyle ice time. \**We expect the more advanced skaters to act as exemplary role models for our younger skaters, both on and off the ice.*