Special Opportunities Available In Recreation
Office Address: 115 E. Washington, Bloomington, Illinois 61701
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(309) 434-2260

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What is S.O.A.R.?
S.O.A.R. is a community therapeutic recreation program serving individuals unable to successfully participate in traditional recreation programs. Leisure, social and developmental skills are emphasized to promote the highest level of recreation participation possible. S.O.A.R. is jointly sponsored by the City of Bloomington and Town of Normal Parks and Recreation Departments.

Most individuals with disabilities are eligible to participate in S.O.A.R. activities. Persons from youth to adults who are in special education classes, workshops, nursing homes or who have leisure needs not met by traditional recreation programs are eligible. This includes individuals with developmental, physical or learning disabilities; sensory, genetic or behavior disorders; autism or emotional difficulties.

Mission Statement
The S.O.A.R. program exists to maintain and enhance the quality of life for individuals with disabilities through comprehensive, specialized recreation programs, activities and special events.

Americans With Disabilities Act
Special Opportunities Available in Recreation (S.O.A.R.) will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of services, programs or facilities to individuals with disabilities. S.O.A.R. will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that program. The ADA requires that recreation programs offered by S.O.A.R. be available in the most integrated setting appropriate for each individual. Call (309) 434-2260 if you have any questions about the S.O.A.R. policy regarding the ADA or believe you have been unfairly discriminated against by S.O.A.R.

Questions/Information
Please contact the S.O.A.R. office with any questions regarding eligibility, registration procedures, scholarships, transportation or the S.O.A.R. program in general at (309) 434-2260. TDD for the hearing impaired at (309) 829-5115. Fax: (309) 434-2483. Web site address is www.bloomingtonparks.org/soar. Hotline: (309) 434-2386.
Inclusive Programs
S.O.A.R. recognizes that every individual with special needs and abilities does not always require a S.O.A.R. program. The S.O.A.R. staff are available to assist and advise participants concerning appropriate placement in S.O.A.R., Bloomington and/or Normal Parks and Recreation Department programs. S.O.A.R. staff will contact the appropriate recreation department staff and work with the instructor to assure the participant a smooth transition if they wish to be integrated into a recreation department program.

Program Legend

= door-to-door
transportation offered

= participant will need
 to bring money to program

Full-Time Staff
Nicole Kohler, CTRS - Program Manager
nkohler@cityblm.org
Special Interest Programs, Registration,
Financial Assistance, Cultural Arts
Programs, Special Event Programs,
Transportation

Maggie Rutenbeck - Program Manager
mrutenbeck@cityblm.org
Volunteers, Summer & Saturday Day
Programs, Mailings, Fitness/Sports
Programs, Special Olympics Programs

Seasonal & Part-Time Staff
S.O.A.R. is fortunate to have a number of qualified and talented seasonal and part-time staff. Thank you to the following winter/spring session staff for their continued support, dedication and fine work:

Julia Bates  Miranda Henson
Rachel Cipich  Larry Kotowski
Bob Clark  Linda Kotowski
Sally Clark  Randi Meyer
Bri Clingan  Skye Mounce
Katie Clothier  Annabel Petersen
Ritchie D’Costa  Holly Polley
Sharon D’Costa  Larry Quanstrom
Tom Dittmer  Mark Rutenbeck
Doug Dowell  Morgan Seberger
Will Dowell  Rachael Shopshire
Michele Evans  Julie Smith
Sharon Heidloff  David Suarez
Eric Velling

Attire at S.O.A.R. Programs
Participants should dress comfortably for all programs and special events. Please keep in mind what the weather is like, if the program will be held inside or outside and what the program will involve. Wear clothes that can get dirty and stained to all craft and cooking programs. Sometimes accidents happen and new/good clothes can get ruined! Dress for activity and comfortable movement in all Special Olympics, sports and exercise programs. Athletic shoes and athletic clothing are required. Do not wear blue jeans to any sports programs or practices! Special attire requirements are often suggested in memos sent out for special events.

Volunteers in Action
S.O.A.R. uses a wide variety of volunteers to assist in weekly programs and special events. Volunteers help with program activities and events and work closely with participants to provide an enjoyable and quality leisure experience. Past volunteers have been community residents, college students and community service groups. Thank you to all the individuals who helped make the fall program session a success by volunteering their time to assist with one or more programs.

Medication Dispensing
S.O.A.R. staff may dispense medication to participants during extended programs and trips. In order for S.O.A.R. staff to do this, a parent/guardian will need to complete a medication dispensing form and complete a dispensing procedure each time medication is needed. S.O.A.R. staff may not perform an injection or any other medically or physically invasive procedure. Please call the S.O.A.R. staff at (309) 434-2260 if you have any questions or would like a copy of any of these forms: permission for medication dispensing, medication dispensing procedures and invasive procedure policies.

Photo Policy
On occasion, S.O.A.R. staff may photograph or videotape participants at programs, special events and facilities. These photos are for S.O.A.R. use only and may be used in publications, brochures, Facebook, pamphlets, flyers or video productions. If you do not want your photo published contact Maggie or Nicole.

Insurance
Individual accident and medical insurance for program participants is not provided by S.O.A.R., Bloomington or Normal Parks and Recreation Departments.

Staff Ratio
S.O.A.R. currently staffs most programs with one staff to every four participants. If a participant will need more assistance or won’t be able to participate within this structure, please let staff know at registration so appropriate staffing may be secured (if possible). Please note in brochure write ups any exceptions to this 1:4 ratio.

Code of Conduct:
Participant Guidelines
Equal Access - No participant shall on the basis of race, gender, creed, national origin or disability be denied equal access to programs, activities, services or benefits or be limited in the exercise of any right, privilege, advantage or opportunity.

Behavior - Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make S.O.A.R. programs safe and enjoyable for all participants. Additional rules may be developed for particular programs as deemed necessary by staff. Participants shall:

- Show respect to all participants and staff.
- Refrain from using foul language.
- Refrain from causing bodily harm to other participants or staff.
- Show respect for equipment, supplies and facilities.

Discipline - A positive approach will be used. S.O.A.R. reserves the right to dismiss a participant. Each situation will be evaluated on its own merit.

Page 1
Late Pick-Up Policy
Please double check the pick-up time and be prompt! Program instructors would appreciate your consideration because they have additional work responsibilities after the program and sometimes have another program to lead.

Families/staff of participants who are not picked up promptly will be sent a letter the first time to remind them of this concern. If the situation happens again, a late fee will be assessed. After a 5-minute grace period, a $5 fee will be charged for every 15 minutes or portion thereafter.

Registration for other programs will not be accepted until all outstanding late fees are paid.

Paperwork...Paperwork...
“You want me to fill out this entire form?” Have you ever said or thought this? Most of us have! The demand for information and paperwork is tremendous in our society today. While our initial reaction is sometimes frustration, we need to step back and consider why information is requested. S.O.A.R. asks that an annual information form be completed, with a seasonal sign off that all information is still correct. Why ask the questions and why persist in acquiring updated information? Listed below are some of the reasons:

- We take our responsibility for participants seriously.
- We care about each person’s health and safety.
- We care that each person’s physical, emotional, social and developmental needs are being met.
- We want each person to feel satisfaction from program involvement.

Asking for information does not guarantee personal success or safety, but the information is invaluable as we do our best to provide safe and satisfying leisure activities. We thank you for taking the time to provide the requested information.

Cell Phone Policy
S.O.A.R. requests that participants do not bring cell phones to program unless there is an emergency situation they need to be aware of or if they need to call for a ride when the program ends. Participants are not to use their phone during programs and are asked to keep their cell phone in a pocket, purse, bag, etc. during the entire program. S.O.A.R. can’t be held responsible if a participant loses his or her phone. If a participant uses a cell phone during a program or the phone becomes a distraction to the participant, S.O.A.R. staff will hold the phone for the duration of the program. The phone will be returned when the participant leaves. This policy will be enforced for the respect of other participants and staff during a program.

Participant Expectations
S.O.A.R. provides healthy community leisure opportunities for individuals with disabilities. While participating in our programs, we stress socialization skills, appropriate behavior and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment at community outings, the staff has several expectations of participants. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem and normalization.

Please dress for all programs in clean clothing that is appropriate for the specific activity. Participants should be clean and display good hygiene skills.

Program Times
S.O.A.R. staff and instructors are at the facility for the designated program time only. Individuals providing transportation for participants should make drop-offs and pick-ups at the listed times. Please do not leave a participant at program/program site unless there is a staff present. We know that emergencies arise, but try to let staff know if you will be early or late!

Parent Observation Guidelines
Parents are encouraged to leave the program area during events so participants can give their full attention to the instructor. Thank you.

Check Out Our Web Site
www.bloomingtonparks.org/soar.

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Special Thanks to Our Volunteers who helped with Winter/Spring Programs

Tammy Alshee                                Kalytyn Ludwig
Madison Anastasiadis                        Matt Majeski
Lauren Anthony                              Mallory McGoven
Marinna Barone                              Audrey McWhorter
Ryannon Baxter                             Adrianna Melgosa
John Boles                                  Lily Murphy
Abbie Bowman                                Anya Naumovski
Elena Burgoon                              Riley Neal
Kate Carllock                                Keith Nowak
Jenna Carlson                                NSSLEA - ISU
Susan Childers                              Liz Olson
Maxwell Cekander                             Missy O’Shea
Beth Clark                                  Amanda Parisi
Sharon D’Costa                              Sophie Parson
Christian Dowell                            Katrina Peli
Abbi Edmiston                                Connor Polley
Erika Franklin                              LaDaja Reed
Jonathon Golen                              Abraham Ruvilaca
Dan Graham                                 Ruffy Ryan
Flint Greil                                  Dennis Sapp
Lacey Greil                                 Verlinda Sapp
Grace Gschwendtiner                         Michael Schoenninger
LaTonya Harris                               Debbie Schultz
Joe Heaser                                  Shelley Schultz
Jenna Heaser                                Tyrina Schurpbach
Abe Henkel                                  Jamie Scovel
Kevin Huynh                                  Ashka Shah
Illinois Wesleyan Athletes                  Myron Simmons
JOAA artists                               Jenessa Spivey
Mary Jo Johnson                             Madison Stanton
Rachel Johnson                              Gavin Stanzzone
Cole Jones                                   Bridgette Sterba
Joe Kiley                                   Hannah Talley
Maggie Kline                                Alyssa Thorndyke
Dylan Knudsen                               Sena Tyler
Natalie Kostrubala                          Kara Tyner
Brian Lahr                                  Allie Webb
Courtney Lahr                               Luke Weismann
Charen Lakebrink                            Barb Wells
Dimitri Lambros                              Morgan White
Jace Lambros                                Kendahl Whitwood
Samantha Lambros                           DeVasha Williams
Hailey Leverton                             Dee Wilson
Jim Lilenthal                               Emily Wilson
Sherry Lilenthal                            Jamie Wirlgopelan
Brenna Long                                  Alyssa Yates

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Special Information

Program Holidays
In observation of Independence Day the office will be closed. There will be no programs held on July 4th.
Special Olympics Training Programs:

To provide eligible individuals 8 years of age or older from the Bloomington/Normal area with quality training programs that will prepare them for area, district, regional and/or state competition in a variety of Special Olympics sports on a year around basis.

Requirements to Participate in S.O.A.R. Special Olympics Training Programs:
Individuals who meet Special Olympics eligibility requirements and wish to participate in a S.O.A.R. Special Olympics training program must complete the S.O.A.R. registration procedure for that program. In addition, an Application for Participation (medical), valid through the entire sport's season must be on file with S.O.A.R. before practice begins.

Expectations For S.O.A.R. Special Olympics Training Programs:
Athletes participating in a S.O.A.R. Special Olympics training program must meet the minimum requirements of training in that sport in order to participate in competition. These requirements will include participation in the minimum number of required training sessions for that sport at a level which is considered appropriate for the sport and the athlete.

Special Olympics Bowling
This program is designed as a Special Olympics sports training program for the beginning to advanced bowler. Basic bowling skills such as positioning and stance, approach, delivery and release will be emphasized. Rules and etiquette will also be stressed. Participants will bowl two games each week (if time allows). Bowling balls and shoes are provided by Pheasant Lanes for athletes that don’t have their own.

This is a Special Olympics training program. A valid Special Olympics Application for Participation (medical form) valid through December 2019 must be on file at the S.O.A.R. office by June 7 to participate. Participants who successfully complete this program and have bowled a minimum of 15 games with S.O.A.R. are eligible to compete in the Region G Special Olympics Bowling Tournament on August 24. Participants who do not want to train and compete may also register for this program and bowl in a recreational capacity. Please remember that bowling STARTS at 4:00 pm, with warm-ups at 3:50 pm. No one will be added to games that have already started.

Who: Ages 8 and older
When: Mondays, June 17 - August 19
4:00 - 5:15 pm
Where: Pheasant Lanes, Bloomington
Cost: $20 to S.O.A.R. (registration fee) & $52.50 to Pheasant Lanes (bowling fees)
Limit: Minimum 20; Maximum 60
Special Olympics Volleyball:
We offer two levels of Volleyball: Modified and Unified. We will do a Volleyball Assessment night to determine appropriate placement of each athlete to the correct level of play. You can certainly note your preference, but placement determination will be made by the coaching staff following the assessment night.

Special Olympics Modified Volleyball
Individuals with basic motor and cognitive skills appropriate for learning volleyball match play and competition are eligible for this program. Modified Volleyball uses a smaller court and a “trainer” ball for play. Rules are modified for learning volleyball team play. A minimum of three matches will be scheduled before the September volleyball qualifier.

Special Olympics Unified Volleyball
Individuals with basic motor and cognitive skills appropriate for volleyball match play and competition are eligible for this program. Athletes should have previous volleyball experience and may need to be at a higher level of play for this program, which will be determined at the Assessment Night.

This program will team Special Olympics athletes and athletes without intellectual disabilities (Unified Partners). The goal of this program is to provide an opportunity for athletes to grow and develop from peer encouragement at practice and during competitions. A minimum of three matches will be scheduled before the September volleyball qualifier.

These are Special Olympics sports training programs. A valid Special Olympics Application for Participation (medical) valid through October 2019 must be on file at the S.O.A.R. office by July 5 to participate. Teams who successfully complete these programs and advance beyond the September 15 qualifier will be eligible to compete in the Fall Games on October 26 - 27 in Rockford. Advancing teams will have additional practices scheduled.

Who: Ages 12 and older
When: Thursday, July 18: 5:30 - 7:30 pm, Assessment night. All registered must attend assessment scheduled during this time to determine appropriate team placement.
Regular practices then follow:
MODIFIED: Tuesdays, July 23 - September 10
5:30 - 7:00 pm
UNIFIED: Thursdays, July 25 - September 12
5:30 - 7:00 pm or 7:00 - 8:30 pm (depending on team assignment)
Where: Lincoln Leisure Center, gym
Cost: $35
Limit: Minimum 9; Maximum 12/team

S.O.A.R. Special Olympics Cookout Celebration
Celebrate the accomplishments of S.O.A.R.’s Special Olympics athletes for the first half of this year (January - June). S.O.A.R. will provide a full cookout-style dinner. After we enjoy dinner, a brief program honoring athletes who have participated in the following sports will follow: basketball, swimming, athletics, soccer, powerlifting and bocce (both traditional & unified).

Who: Athletes, their families and anyone who wants to help recognize S.O.A.R. athletes
When: Friday, July 12
6:00 - 8:00 pm
Where: Underwood Park Shelter (Jersey Ave. & Linden St., Normal - Enter park off of Jersey Ave.)
Cost: $4/person (to cover food cost)
Limit: No limit, but MUST pre-register!
Youth Summer Day Programs

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<td>10:00 am - 3:00 pm Out &amp; About</td>
<td>1:00 - 2:30 pm Make Some Art</td>
<td>1:00 - 2:30 pm SOAR for Starters</td>
<td>1:00 - 4:00 pm Explore Outdoors</td>
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<td>(ages 16 - 35)</td>
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<tr>
<td>1:00 - 2:30 pm SOAR for Starters</td>
<td>3:00 - 4:30 pm Make Some Music</td>
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<td>(ages 4 - 7)</td>
<td>(ages 8 - 21)</td>
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<td>(ages 19 - 30)</td>
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**Out & About**
This program gives you an opportunity to get out and have a good time among friends. Each week will include lunch and an activity in the community. Activities may include swimming, bowling, hiking in a park and more. Activities are included in the program fee. **Participants must bring their lunch each week.** Water will be provided. Participants must be independent in the areas of feeding and hygiene. **A memo with more information about activity details will be emailed to those who register.**

**Who:** Ambulatory, ages 16 - 35

**When:** Mondays, June 17 - July 22
9:30 am - 3:00 pm

**Where:** Drop off/pick up at Lincoln Leisure Center

**Cost:** $90

**Limit:** Minimum 5; Maximum 10

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**S.O.A.R. for Starters**
This program is targeted to youth that are too young for most other S.O.A.R. programs. A variety of activities including games, music, dance, fitness, crafts, and social activities will be provided. A 1:2 staff to participant ratio will be provided. Development of fundamental motor skills and eye-hand coordination will be emphasized. Dress in clothing for activity and wear tennis shoes. Since some activities involve things like paint, participants should also wear clothes that can get messy!

**Who:** Ages 4 - 7

**When:** Mondays and Wednesdays, June 17 - July 24
1:00 - 2:30 pm

**Where:** Lincoln Leisure Center on Mondays, Hike Haven on Wednesdays

**Cost:** $40

**Limit:** Minimum 4, Maximum 8
Youth Summer Day Programs

Make Some Art!
Join us for some hands-on activities and crafts with a nature theme in mind - fun stuff inside and out, and maybe bringing the outside in! Be sure to wear clothes that don’t mind a messy activity!

Who: Ages 8 - 21
When: Tuesdays, June 18 - July 23
1:00 - 2:30 pm
Where: Lincoln Leisure Center, Room 208
Cost: $30
Limit: Minimum 6, Maximum 12

Get Active!
Movement games, mini sports activities, a walk...maybe yoga! Anything that gets our hearts pumping, our blood flowing and our feet moving! Dress to be active with lots of movement! Plenty of water will be provided.

Who: Ages 8 - 21
When: Wednesdays, June 19 - July 24
3:00 - 4:30 pm
Where: Hike Haven in Forrest Park
Cost: $30
Limit: Minimum 6, Maximum 12

Make Some Music!
Participants will engage in music making experiences including, but not limited to, movement, song writing, interactive instrument and ensemble play and relaxation strategies, that focus on each individual’s strengths and targets their needs. Interventions and activities will focus on communication, attention span/attention to task, building relationships and peer interaction all while participants have fun, laugh, play and make music. A Clinician from Developing Melodies will lead the first hour of this program.

Who: Ages 8 - 21
When: Tuesdays, June 18 - July 23
3:00 - 4:30 pm
Where: Lincoln Leisure Center, Room 203 and 208
Cost: $40
Limit: Minimum 6, Maximum 12

S.O.A.R. for Starters
This program is targeted to youth that are too young for most other S.O.A.R. programs. A variety of activities including games, music, dance, fitness, crafts, and social activities will be provided. A 1:2 staff to participant ratio will be provided. Development of fundamental motor skills and eye-hand coordination will be emphasized. Dress in clothing for activity and wear tennis shoes. Since some activities involve things like paint, participants should also wear clothes that can get messy!

Who: Ages 4 - 7
When: Mondays and Wednesdays, June 17 - July 24
1:00 - 2:30 pm
Where: Lincoln Leisure Center on Mondays, Hike Haven on Wednesdays
Cost: $40
Limit: Minimum 4, Maximum 8

Explore Outdoors
Hikes, outdoor games, even fishing could be the adventure of the day as we meet at a different park in Bloomington and Normal each week. Dress to be active and maybe get dirty! Water and a light snack will be provided.

Who: Ages 8 - 21
When: Thursdays, June 20 - August 1 (not 7/4)
1:00 - 4:00 pm
Where: First week meet at Lincoln Leisure Center for a walk to Miller and Forrest Parks. A note will be sent each week to remind you where to meet the following week.
Cost: $30
Limit: Minimum 6, Maximum 12

Around the World!
Join us for some hands-on activities and crafts with a different country and culture in mind each week - fun stuff inside and out, and maybe bringing the outside in! Be sure to wear clothes that don’t mind a messy activity! A light snack will be provided or made that day.

Who: Ages 8 - 30
When: Fridays, June 21 - July 26
1:00 - 2:30 pm (ages 8 - 18)
3:00 - 4:30 pm (ages 19 - 30)
Where: Lincoln Leisure Center, Room 208
Cost: $30
Limit: Minimum 6, Maximum 12
Weekly Programs

- MONDAYS -

Swim Lessons
S.O.A.R. is excited to provide swim lessons again this summer! Lessons will be conducted in a small group setting with a 1:2 staff ratio. Instructors for this class will work with you at your own individual level. Participants will be assigned a time slot after registration.

Who: Ages 10 and older
When: Mondays, June 10 - July 29
5:00 - 5:30 pm (beginner) or 5:30 - 6:00 pm (intermediate)
Where: O’Neil Pool
Cost: $35
Limit: Minimum 2; Maximum 4/lesson

Cardio Fitness
Get fit with S.O.A.R. This program will focus on exercises designed to get our heart rate up and improve cardiovascular exercise. Participants will complete a variety of exercises each week as well as participate in health-related educational activities. Activities will be geared to the health level of each individual with a target goal of improving health, fitness, and well-being. Individuals who register for “Strength & Flexibility Fitness” shouldn’t register for this program. Choose please!

Who: Ages 12 and older
When: Mondays, June 17 - August 5
6:15 - 7:15 pm
Where: Lincoln Leisure Center, room 202
Cost: $24
Limit: Minimum 6; Maximum 10

Paper Crafts
Whether you like to make cards or are interested in trying origami, this program is a fit for you. We’ll use paper in many ways to create some unique projects, including one with a 4th of July theme! Be sure to wear clothes that can get messy.

Who: Ages 14 and older
When: Mondays, June 17 - July 1
6:15 - 7:15 pm
Where: Lincoln Leisure Center, room 107
Cost: $12
Limit: Minimum 6; Maximum 12

Strength & Flexibility Fitness
This fitness program will focus on strength & flexibility training. Participants will participate in activities that use hand weights and exercise bands as well as Yoga and Tai Chi. Individuals who register for “Cardio Fitness” shouldn’t register for this program. Choose please!

Who: Ages 12 and older
When: Mondays, June 17 - August 5
7:30 - 8:30 pm
Where: Lincoln Leisure Center, room 202
Cost: $24
Limit: Minimum 6; Maximum 10

Beads and More
We can create all kinds of things with beads. From home décor to jewelry to key chains, we can create unique pieces with simple supplies like beads and string. We’ll use a variety of types of beads to create 4 unique projects. Be sure to wear clothes that can get messy.

Who: Ages 14 and older
When: Mondays, June 17 - July 1
7:30 - 8:30 pm
Where: Lincoln Leisure Center, room 107
Cost: $12
Limit: Minimum 6; Maximum 12
**Weekly Programs**

### - MONDAYS -

**Christmas in July Crafts**
It may feel hot outside, but our cool crafts will be ready to make and take for Christmas gifts this holiday season. Join us to craft some unique items that will be perfect for gifting and hanging on the tree. Be sure to wear clothes that can get messy as we’ll be using paint and glue.

**Who:** Ages 14 and older  
**When:** Mondays, July 8 - August 5  
6:15 - 7:15 pm  
**Where:** Lincoln Leisure Center, room 107  
**Cost:** $20  
**Limit:** Minimum 6; Maximum 12

**Summer Crafts**
Summer means bright colors, sunny days and tie dye! We’ll use the summer theme to create some cool crafts with fabric, beads, tie dye and more. Wear clothes that can get messy as we’ll be using lots of paint and glue.

**Who:** Ages 14 and older  
**When:** Mondays, July 8 - August 5  
7:30 - 8:30 pm  
**Where:** Lincoln Leisure Center, room 107  
**Cost:** $20  
**Limit:** Minimum 6; Maximum 12

### - TUESDAYS -

**Cooking on a Budget**
In need of some cheap eats? We will be cooking up a full dinner that won’t break the bank. Our challenge each week will be to not only prepare a low cost meal, but make sure we include some fresh ingredients too. Each week, the participants will help chop, cut or bake to help prepare our meals.

**Who:** Ages 16 and older  
**When:** Tuesdays, June 18 - July 23  
6:00 - 7:30 pm  
**Where:** Miller Park Pavilion, lower level  
**Cost:** $24  
**Limit:** Minimum 6; Maximum 16

**Bowling & Dinner $**
Enjoy a night out on the town! The group will go to Pheasant Lanes and bowl two games followed by dinner at a local restaurant. Each week, participants will need to pay for their own meal costs. This program's staffing ratio will be 1:6. Participants should be dropped off at Pheasant Lanes and picked up at Lincoln Leisure Center each week. A memo with more information will be sent to those who register about restaurants, money needs, transportation, etc.

**Who:** Ages 13 - 29  
**When:** Tuesday, August 6  
4:00 - 7:30 pm  
**Who:** Ages 30 and older  
**When:** Tuesday, August 13  
4:00 - 7:30 pm  
**Where:** Pheasant Lanes/various restaurants  
**Cost:** $10  
**Limit:** Minimum 6; Maximum 16

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**Need transportation assistance?**
SOAR provides door to door transportation services to/from select programs for a nominal fee. Programs listed with a "bus" icon have available door to door service. See more information on page 21 for requesting transportation services and eligibility.
Weekly Programs

- WEDNESDAYS -

**Lunchtime Concerts**
Enjoy lunch outside this summer. We'll enjoy a picnic lunch each week including a sandwich, chips and a drink while listening to the tunes of a live band in the park. The program fee includes lunch each week. Be sure to wear sunscreen and dress appropriately for the weather. Each participant should also bring a lawn chair, as seating is limited.

Who: Ages 22 and older  
When: Wednesdays, June 5 - 19  
11:00 am - 1:00 pm  
Where: Drop off/pick up at Wither's Park  
Cost: $15  
Limit: Minimum 4; Maximum 15

**Seat to SOAR**
Get off your seat and soar with the SOAR walk/run club! This program encourages the lifetime fitness activities of walking and running. By using a progressive training program and walk/run mentors, you will be able to increase fitness and endurance at your own pace. The ultimate goal of this session is to be ready to enter some of the local fun run/walk races in the area.

Who: Ages 12 and older  
When: Wednesdays, June 19 - August 7  
5:30 - 6:30 pm  
Where: Miller Park Pavilion, lower level  
Cost: $22  
Limit: Minimum 4; Maximum 12

**Dinner & a Movie $**
Do you love movies? This group will have dinner at a local restaurant and then enjoy a movie at a local theater. All movies will be rated G to PG-13 and will be comedies, animations or dramas. Each person will need to pay for their own meal and movie each week. S.O.A.R. will staff this program at a 1:6 ratio. A memo will be sent to those who register regarding restaurants, movies, transportation and times.

Who: Ages 29 and older  
When: Wednesday, August 7  
5:15 - end of movie

Who: Ages 14 - 28  
When: Friday, August 16  
5:15 - end of movie  
Where: Various restaurants/movie theaters  
Cost: $6  
Limit: Minimum 6; Maximum 16

**Calling all Photographers:**

Have some great pictures from SOAR events, programs or game days? We’d love to use your pictures for our brochures and social media! If you’d like to share, please send your contact information and pictures to Nicole at nkoehler@cityblm.org.
**Weekly Programs**

- **THURSDAYS -**

**Open Pickleball**
Pick up and tune up your Pickleball game playing a few doubles games. Loaner equipment available. Unified partners welcome! Minimal instruction provided.

**Who:** Ages 12 and up  
**When:** Thursdays, July 11 - 25  
5:30 - 6:30 pm  
**Where:** Miller Park Tennis Courts  
**Cost:** $6 (or $2/drop-in)  
**Limit:** Minimum 4, Maximum 10

**Mystery Night Out $**
Where will the night take us? Each week it will be a surprise! Each week, we will have dinner and then it’s off to a mystery location for a fun night on the town. Participants will need to bring money for their meal each week, activities are included in the cost of the program. Transportation will be provided to and from dinner/various locations on a City of Bloomington van. A reminder memo with more information will be sent to those who register.

**Who:** Ages 16 and older  
**When:** Thursdays, July 11 - 25  
5:30 - 8:30 pm  
**Where:** Drop off/pick up at Lincoln Leisure Center  
**Cost:** $15  
**Limit:** Minimum 5; Maximum 16

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**Lip Sync Battle** at Mackinaw Winery
*Fundraiser to benefit local Special Olympics programs*
Date/time TBD, Watch the SOAR Facebook page for details!
Special Events

General Information on Special Events:

Transportation: S.O.A.R. provides transportation to and from out of town trips as part of the registration fee. Transportation fees are only assessed for door-to-door transportation services.

Payment: Payment for special events is due at registration. Events will not be placed on a payment plan unless special arrangements are approved.

Supervision: Community based special events are chaperoned under a 1 staff to 4 participant ratio. Those registered for special events should be able to participate appropriately under this ratio.

Overnights: Participants must have previously attended S.O.A.R. activities before attending an overnight.

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Pizza & Games with Dad

Spend some time with Dad in celebration of Father’s Day. Bring a big appetite because a pizza dinner will be served. You will have the chance to win some cool prizes during game time! So, guys and gals grab your dads for some fun. No reminder memo will be sent.

Who: Participants with their father/grandfather/uncle
When: Tuesday, June 11
   6:00 - 8:00 pm
Where: Normal Community Activity Center
Cost: $10/couple
Limit: Minimum 6 couples; Maximum 25 couples

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Penguin Project Show

The Penguin Project of McLean County presents “Willy Wonka, Jr.”. The Penguin Project is unique, in that all of the roles are filled by children with disabilities to put on a production of a modified version of a popular musical. Come and enjoy a performance by some of our very own S.O.A.R. friends at University High School. We will meet at Lincoln Leisure Center and all participants will be transported on a City of Bloomington van to University High School. Participants may bring money for concessions. No reminder memo will be sent.

Who: Ages 10 and older
When: Friday, June 14
   6:15 - 9:30 pm
Where: Drop off/pick up at Lincoln Leisure Center
Cost: $15
Limit: Minimum 6; Maximum 16

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Mini golf & Pizza

Join us for Mini-golf at Miller Park! We will play a round of mini-golf then cool off inside for a pizza dinner. It will be a fun night to wind down the summer. Please choose one date. No reminder memo will be sent.

Who: Ambulatory, ages 14 - 29
When: Thursday, June 13
   5:30 - 8:00 pm

Who: Ambulatory, ages 30 and older
When: Thursday, June 20
   5:30 - 8:00 pm

Where: Drop off/pick up at front entrance to Miller Park Zoo
Cost: $12
Limit: Minimum 6; Maximum 12
**Special Events**

**SRA Just Dance Party**
Our friends at IRVSRA have invited us to a dance party in Pe-kin. No decorations, no celebration, no reason, just dancing. We'll enjoy a pizza dinner then show off our moves following the Just Dance videos on a big screen with lights, sound and a disco ball! It'll be a perfect opportunity to meet new friends, socialize, burn some calories and enjoy dancing. *No reminder memo will be sent.*

Who: Ages 14 and older  
When: Saturday, June 15  
4:45 pm - 8:15 pm  
Where: Drop off/pick up at Lincoln Leisure Center  
Cost: $15  
Limit: Minimum 8; Maximum 24

**FOOT GOLF**
Learn the new game on the links! This will be an instructional night to learn about and play a little Foot Golf. You'll get to try your foot at the sport, walk the course, get to use a practice area for learning to get the ball into the hole and score! One good leg is all you need to be a part of this game! We will offer a 4 week “league” in the Fall so now is the time to give it a try!

Who: Ages 8 and up  
When: Friday, June 28  
5:30 - 7:00 pm  
Where: Highland Golf Course  
Cost: $10  
Limit: Minimum 4, Maximum 15

**Music under the Stars**
The popular band, Biscuits-N-Gravy, will be performing at Miller Park this summer. Let's enjoy a fun outdoor concert with friends. Water and a snack will be provided. *A reminder memo will be emailed.*

Who: Ages 14 and older  
When: Tuesday, June 25  
6:30 - 8:45 pm  
Where: Drop off/pick up at  
Miller Park Zoo Front Entrance  
Cost: $8  
Limit: Minimum 8; Maximum 20

**Ice Cream & Bingo**
Calling all Bingo Players! Cool off with a cool ice cream treat and add your favorite toppings too. Then play some bingo with your friends and win some cool prizes. *No reminder memo will be sent.*

Who: Ages 12 and older  
When: Thursday, June 27  
6:00 - 8:00 pm  
Where: Miller Park Pavilion, lower level  
Cost: $10  
Limit: Minimum 10; Maximum 45

**Outdoor Summer Concert**
Do you love 80's tunes? Retro Fit will be playing 80's party songs at this fun outdoor concert. We'll enjoy some snacks and tunes with friends. Bring your lawn chair! *A reminder memo will be emailed to those who register.*

Who: Ages 15 and older  
When: Sunday, July 7  
3:15 - 6:00 pm  
Where: Drop off/pick up at Lincoln Leisure Center  
Cost: $8  
Limit: Minimum 8; Maximum 16
Special Events

S.O.A.R. Special Olympics
Cookout Celebration
Celebrate the accomplishments of S.O.A.R.'s Special Olympics athletes for the first half of this year (January - June). S.O.A.R. will provide a full cookout-style dinner. After we enjoy dinner, a brief program honoring athletes who have participated in the following sports will follow: basketball, swimming, athletics, soccer, powerlifting and bocce (both traditional & unified).

Who: Athletes, their families and anyone who wants to help recognize S.O.A.R. athletes
When: Friday, July 12
6:00 - 8:00 pm
Where: Underwood Park Shelter (Jersey Ave. & Linden St., Normal - Enter park off of Jersey Ave.)
Cost: $4/person (to cover food cost)
Limit: No limit, but MUST pre-register!

Picnic & a Play
What better way to view a fun-filled performance than outside in the fresh summer air? We'll meet at the front entrance to the Miller Park Zoo and walk to the bandstand for an outdoor performance and picnic dinner. Picnic dinner includes a sandwich, chips and water. This year's show is "Newsies". A reminder memo with more information will be emailed to those who register.

Who: Ages 12 and older
When: Friday, July 26
7:00 - 9:15 pm
Where: Drop off/pick up at Miller Park Zoo Front Entrance
Cost: $12
Limit: Minimum 6; Maximum 15

Parents Night Out
Hey parents, need a night out on the town? While you're out for dinner or shopping or taking a nap at home, we'll play games, do a craft and enjoy time with friends. Leave dinner to us. Cheese pizza and dessert will be provided. No reminder memo will be sent.

Who: Ages 6 - 15
When: Friday, August 2
5:30 - 8:00 pm
Where: Lincoln Leisure Center, room 208
Cost: $20
Limit: Minimum 6; Maximum 12

Peoria Chiefs Game $
A summer tradition! Let's check out a local baseball team this year. The Chiefs play the Great Lakes Dodgers in a 5:05 pm game. It's also Princess & Pirate Night! Please bring money for dinner and souvenirs and be sure to wear sunscreen. A reminder memo will be emailed to those who register.

Who: Ambulatory, ages 16 and older
When: Sunday, July 14
3:30 - 9:00 pm
Where: Drop off/pick up at Lincoln Leisure Center
Cost: $20
Limit: Minimum 8; Maximum 24

Champaign Waterpark $
Splash with us at the Sholem Aquatic Park in Champaign. There's a lazy river and fun slides available to keep us busy. Be sure to bring your towel and sunscreen. Concession stands are available. A reminder memo with more information will be emailed to those who register.

Who: Ambulatory, ages 16 and older
When: Saturday, July 20
12:15 - 6:00 pm
Where: Drop off/pick up at Lincoln Leisure Center
Cost: $15
Limit: Minimum 8; Maximum 24

LIKE US ON FACEBOOK
**Illinois State Fair $**
Summer marks the season of local fairs and carnivals. Enjoy rides, exhibits, entertainment and delicious food at the Illinois State Fair. This trip requires a lot of walking because the group will have the opportunity to see the entire fair. Registration covers admission and parking. Please note that the $30 wristband for unlimited carnival rides is available on this date. Participants should bring money for carnival ride tickets and food. *A reminder memo with more information will be emailed to those who register.*

**Who:** Ambulatory, ages 14 and older  
**When:** Wednesday, August 14  
11:00 am - 6:00 pm  
**Where:** Drop off/pick up at Lincoln Leisure Center  
**Cost:** $20  
**Limit:** Minimum 6; Maximum 24

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**Cruisin’ Uptown**
The Twin City Cruisers and the McLean County Antique Automobile Club will be showing off classic cars in uptown Normal. We’ll check out the cars, visit the shops and walk over to Subway for dinner. Participants will pay for their own meals and purchases. *A reminder memo with more information will be emailed to those who register.*

**Who:** Ages 14 and older  
**When:** Saturday, August 10  
3:30 - 7:30 pm  
**Where:** Drop off/pick up at Lincoln Leisure Center  
**Cost:** $10  
**Limit:** Minimum 8; Maximum 16

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**Facility Directory**

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<thead>
<tr>
<th>Facility Name</th>
<th>Address</th>
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<tbody>
<tr>
<td><strong>Community Activity Center</strong></td>
<td>1110 Douglas St. Normal, IL 61761</td>
<td>(309) 454-9540</td>
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<tr>
<td><strong>Government Center</strong></td>
<td>115 E. Washington St. Bloomington, IL 61701</td>
<td>(309) 434-2260</td>
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<td><strong>Highland Golf Course</strong></td>
<td>1613 S. Main St Bloomington, IL 61701</td>
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<td><strong>Hike Haven</strong></td>
<td>218 Tanner St. Bloomington, IL 61701</td>
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<td><strong>Lincoln Leisure Center</strong></td>
<td>1206 S. Lee Bloomington, IL 61701</td>
<td>(309) 434-2819</td>
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<td><strong>Maxwell Park</strong></td>
<td>Parkside Rd &amp; W. Gregory St. Normal, IL 61761</td>
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<td><strong>Miller Park Pavilion</strong></td>
<td>1122 S Morris Ave Bloomington, IL 61701</td>
<td>(309) 434-2255</td>
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<td><strong>Miller Park Tennis</strong></td>
<td>Summit Street Bloomington, IL 61701</td>
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<td><strong>Miller Park Zoo</strong></td>
<td>1020 S Morris Ave. Bloomington, IL 61701</td>
<td>(309) 434-2250</td>
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<td><strong>O’Neil Park</strong></td>
<td>Field/Pool 1515 W Chestnut St. Bloomington, IL 61701</td>
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<td><strong>Pheasant Lanes</strong></td>
<td>804 N. Hershey Rd Bloomington, IL 61704</td>
<td>(309) 663-8556</td>
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<td><strong>Underwood Park</strong></td>
<td>200 Jersey Ave Normal, IL 61761</td>
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<td><strong>White Oak Park</strong></td>
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Special Events

AUGUST 25 @ DESTIHL BREWERY • 1 - 4 PM

Teams of two will compete in a battle of classic backyard games for a prize from Destihl Brewery! This unique experience will feature several outdoor games, music, art sales and Destihl’s own “DUŠ-PUB” mobile taproom. Have fun while raising awareness and funds to provide recreation opportunities for people with disabilities in our community through the SOAR program.

Cost: $30/pair • Register at BloomingtonParks.org

QUESTIONS? CALL SOAR at 309-434-2260
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## August 2019

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### Summer 2019 S.O.A.R. Program Registration Form
Please return the completed form along with the fee to the S.O.A.R./Bloomington Parks and Recreation Office, PO Box 3157, Bloomington, IL 61702-3157. For further information, call (309) 434-2260.

Participant's Name __________________________________________ Gender ____________
Address ______________________________________________________
City ____________________________ Zip ________ Home Phone __________
Age ________ Birthdate ________ Disability ________________

Primary Emergency Contact ____________________________ 1st Phone __________ 2nd Phone __________
Secondary Emergency Contact(s) ____________________________ 1st Phone __________ 2nd Phone __________

T-Shirt/Jersey size _______ Shorts/Pants size _______ (only if registering for Special Olympics - adult sizes only)
E-Mail Address ______________________________

To help S.O.A.R. provide safe and satisfactory participation in programs, please list any changes in medications, behaviors, living situations or other issues that may effect participation in S.O.A.R. programs: ________________________________________________

<table>
<thead>
<tr>
<th>PROGRAM NAME</th>
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Publicity Statement:
I Do □ Do Not □ give my permission for pictures to be taken of the participant to be used by S.O.A.R. for the purpose of agency promotion and education.

Transportation:
I Do □ Do Not □ give my permission for the participant to receive transportation in vehicles owned or rented by S.O.A.R. for use in weekly programs and special events.

Signature of parent or legal guardian: __________________________________________ Date: ____________
(participant needs to sign if own legal guardian)

**Emergency Treatment Permission**
I know that S.O.A.R. does not carry medical or accident insurance. My own health insurance must assume responsibility in the event of injury. I understand that every precaution is taken to protect the safety of each person.

I Do □ Do Not □ agree to emergency treatment by a physician or hospital in the event that I can't be reached.

**Must complete if using VISA, MasterCard, or Discover**
Card Number ____________________________ Expiration Date ________ V-code on back of card ________
Name of Cardholder ____________________________ Charge Amount: $ ________
Authorized Signature ____________________________

TOTAL: $ ________
Transportation Information & Procedures

We have a new website and registration system.

Make your new household account today!

- Go to our NEW website: BloomingtonParks.org
- Click on the "Register" button located at the upper right corner of your screen
- Top right hand corner hit "Create Household Account"
- Fill in all information using PRIMARY contact first
- Your email address is required and becomes your "Username"
- Create your own password noting the password requirements
- After password verification add all additional household members by clicking "Add Member"
- Fill out all necessary information for each household member and click on "Continue" and "Add Member" until entire household is added to your account
- Hit "Submit" when finished. You will be logged in and can begin to register!

Other ways to register - Return the seasonal registration form on page 24 and payment at the time of sign-up to the Bloomington Parks, Recreation & Cultural Arts office. Registration may be done on-line, in person or through the mail. Registration may be done in person between 9:00 am and 5:00 pm, Monday through Friday, or it may be mailed. Send to:

S.O.A.R. Program Registration
PO Box 3157
Bloomington, IL 61702-3157

Notification of Acceptance - S.O.A.R. will notify you only if you have not been accepted into a program. Once the registration procedure has been completed and accepted by S.O.A.R. staff you are registered. Please attend the program as scheduled in the brochure. Reminder memos are only sent for those events that state in the brochure..."reminder memo will be mailed."

Program Cancellation
1. A program will be cancelled if the minimum number of participants needed is not met. S.O.A.R. staff will notify people by mail if this situation arises.
2. In cases of bad weather, participants should call the S.O.A.R. office at (309) 434-2260 or the Bloomington Parks and Recreation HOTLINE at (309) 434-2386 after 3:00 pm to see if a program has been cancelled.

Typo, Human Errors, We Goofed...!? Occasionally there may be an error in days, times, registration requirements or fees in the brochure. If so, the staff will do everything possible to correct the situation promptly. Thank you for your patience and understanding should any of these situations arise.

Where Are We?
We are located in the Government Center building at 115 E. Washington St., Bloomington. Visitor parking is available across the street on the corner of East and Washington Streets.

Registration Deadline - On-line registration begins at 7:00 am on May 2. Walk-in and mail-in registration will begin on May 3 at 9:00 am. Registration won't be accepted for a program that has already begun. Registration deadline for all special events is one week prior to the date of each event if openings are available. Please register early; many S.O.A.R. programs fill quickly!

Payment Plans - Full payment of program fees should be included with the registration form. However, payment plans can be arranged for those individuals who need to spread their payment out over several months. Payment in full must be received in the S.O.A.R. office prior to registering for a new program session. Payments for special events must be paid in full at the time of registration. No payment plans will be set up after May 24.

Financial Assistance Policy - Partial financial assistance is available for those who need it in order to pay the program registration fees. Those requesting assistance need to fill out a Scholarship Request Form (available at Bloomington Parks and Recreation Office) and submit it to Nicole along with a completed registration form. Financial assistance is not provided for bowling fees or special events with contractual or admission costs. The deadline to request assistance for programs is May 24.
Transportation
Transportation is available for some S.O.A.R. activities on a first-come, first-served basis for Bloomington and Normal residents who have no other way to attend events. Car pools and the City transit system are recommended means of transportation. Please don’t use transportation services as a “convenience.” Many individuals have no other way to attend programs and services are limited. A minimum of five individuals per program must need transportation for these services to be provided. Programs in which transportation is available are followed by this symbol:

To receive transportation:
1. Individuals needing to use door to door transportation services from SOAR must apply for this service separately for each program/event that it is available for. Applications for transportation services are available at the S.O.A.R. office.
2. Transportation service is limited and this is reserved for individuals who could not otherwise participate in SOAR programs without it. If a participant has a parent or someone in the home that can drive the participant to/from programs, he/she should NOT register for transportation. This service is not to be utilized for convenience.
3. Transportation is also only available to those individuals who live within the Bloomington/Normal service area (listed below). SOAR reserves the right to cancel a participant’s registration for transportation if they have access to other means of transportation or live outside of the service area in order to accommodate someone who meets eligibility.
4. Before a program is scheduled to begin, individuals will be sent notification of pick-up time for transportation for each requested program in the mail. This will be mailed at the beginning of the session.
5. All transportation applications and requests must be received by Friday, May 24.

Refund Procedures
1. A full credit or refund will be issued if a program is cancelled by S.O.A.R.
2. To be eligible for a requested refund, the request must be made no less than three business days prior to the start of the program.
3. A refund minus a $5 service charge will be issued to participants withdrawing from a program.
4. Refunds of special event/program fees for which S.O.A.R. has incurred a cost due to ticket purchase, deposits, rentals, etc. will only be made if S.O.A.R. is given 48-hour notice and the vacancy caused by the cancellation is filled. A $5 service charge will be deducted.
5. A pro-rated refund may be given if a program is deemed inappropriate for an individual.
6. Credits for future registration costs will be issued for all refunds of $20 or less.
7. Refunds will be issued by check on a monthly basis after being approved by the Bloomington City Council. Please allow at least three weeks for the processing of refunds.

Questions/Information
If there are any questions regarding eligibility, registration procedures, scholarships, transportation, or the S.O.A.R. program in general, feel free to contact the S.O.A.R. office at (309) 434-2260. TDD for the hearing impaired at (309) 829-5115. Fax: (309) 434-2483. Website address is www.Bloomingtonparks.org/soar. Hotline: (309) 434-2386.

nkohler@cityblm.org
mrutenbeck@cityblm.org

Please...don’t call/leave messages for S.O.A.R. staff at Lincoln Leisure Center. This isn’t our office. All calls should go to (309) 434-2260.